

The promise is for
you and your
children and for
all who are far
off—for all whom
the Lord our
God will call.

Acts 2:39



A newsletter for the Pleasant Valley Seventh-day Adventist Church Family

Shepherd's Heart

June 2022

Sabbath

What comes to your mind when you think of Sabbath? For most of us it means sleeping it a bit, lingering over breakfast, listening to Michael Card or Hillsong as you get ready for church, seeing friends you haven't seen all week, enjoying a long lunch with no need to rush, and then perhaps heading out for a walk or hibernating for one of those needed naps.

Something feels different about Sabbath compared to other days. I can't explain it, but I hope you know what I mean when I say it just *feels* different. All of those aspects that I listed above are what sets Sabbath apart from say Monday or Thursday. But something that has been different for our church is the past few Sabbaths we've gotten a taste for what it means to serve on Sabbath.

On Sabbath, May 14, three ladies from our church, Julie, Heidi, and Melinda, organized a children's event where 275 people flooded our church. Children from the community and local schools came and saw the Oregon Reptile Man. It was a way to show children that they are important and to create a space just for them.

And then last Sabbath on May 21 many of us drove down to Warm Springs to partner with an event that Doug McGinnis, Ben Lundquist, Greg Phillips, Seth Cantu, Randy Folkenburg, and others planned. We created a space to spend time with the children down there and to give them love.

Both of these things were an alternative to what we might typically do on a Sabbath afternoon, but they were just as much an aspect of worship and community building as any other activity. Matthew 5:16 says, "In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." How can we continue to be a light to others?

Pastor Emily